

One More Time: Vitamin D Status Is Strongly Connected to COVID Survival

A new study published August 5, 2021, in the *Annals of Medicine and Surgery* demonstrates that vitamin D levels strongly correlate with the severity and survivability of COVID-19.

Researchers looked at several comorbidities besides vitamin D status and found that “among all variables, age, diabetes, hypertension and clinical severity were associated with worst outcome.”

With vitamin D levels, the outcomes were so compelling that study authors called them “statistically significant,” adding, “Vitamin D status appears to be strongly associated with COVID-19 clinical severity. After COVID-19 confirmation, Vitamin D level should be measured in all patients and curative plus preventive therapy should be initiated.”

SOURCE: [Annals of Medicine and Surgery August 5, 2021](#)